

Activity 1

Abuse: true or false?

Relationship abuse happens when one person hurts or bullies another person with whom they are in a relationship.

Abuse can be physical, emotional, sexual and financial.

The abuser is always responsible; no one else is to blame.

Abuse is a way of controlling other people.

Abuse can happen between people of any age, nationality, religion, race or family background.

People who use controlling behaviour are not violent.

Relationship abuse can happen between young people young people who are going out together, people who are living together, have children together or are married to each other.

Abuse can happen in same-sex relationships and in relationships involving a trans person.

Abuse doesn't happen again after a relationship has ended.

Women/girls are always the target of abuse.

If someone is abusive in one relationship, they won't necessarily be abusive in future relationships.

It takes two to tango – someone who is the target of abuse also has to take some responsibility for the behaviour.