

PSHE Association Spring Conference 2025

Workshop titles & descriptions

as of 11.12.2024

Choose two workshops to attend on the day (6 March 2025) from an exciting range of options highlighting the latest research, data and practice across cutting-edge PSHE issues. We're still finalising workshop titles, but can confirm the following topics:

How to teach KS3/4 students about AI

Based on our work with the Alan Turing Institute, and building on our recent lesson pack, this session will provide crucial insight into technology that is playing an ever more central role in our everyday lives, including the potential risks and opportunities.

How to support your pupils' mental health and wellbeing through PSHE (EYFS to KS2)

We're very excited to be working on an innovative, comprehensive mental health curriculum for primary schools in partnership with the University of York, which synthesises latest evidence and research. We'll be launching this in the new year and this workshop will explore how to put it into practice.

Teaching about online financial harms (key stages 2-4)

From targeted adverts to loot boxes, and extortion to scams, young people are bombarded with ways to spend — and lose — money online. This workshop will help you to help them navigate this environment, using insights from our Nominet funded Child Financial Harms work.

Celebrating careers education (key stages 1-4)

From challenging stereotypes to identifying personal strengths and goals, this session will review what careers education can look like from primary school right through to entering higher education.

Getting started as a new PSHE lead (key stages 1-4)

As a new PSHE lead, there can be lots to learn — from meeting statutory RSHE requirements to building an effective team. This workshop will share top tips for anyone new to the role, and perhaps feeling 'in at the deep end', including how to embed effective use of assessment and monitoring of the subject.

Teaching about bodies and puberty to pupils with SEND (key stages 1-4)

A workshop for anyone working with pupils with SEND, in both mainstream and special school settings. You will learn how to adapt lessons and activities on understanding our bodies, personal boundaries and managing puberty, all with a range of different needs in mind.

Health education essentials — covering statutory content with confidence (key stages 1-4)

Drawing on best practice and the latest research from experts we've worked with across a range of health disciplines, this workshop explores the latest guidance and resources on what to teach - including nutrition, sleep and dental health - as well as how to teach it effectively in the PSHE classroom. You'll also get a first glimpse of our newly updated and extended 'Food for thought' nutrition lessons.